

Revised-3 Women's Quad Meet

Princeton Vs Rutgers Vs St. Josephs Vs St Johns

**Jadwin Gymnasium
Friday January 11th, 2013**

Fast Sections First. Top Flights Last.

Team Scoring: Individual events 9-7-6-5-4-3-2-1

Relay Scoring 9-7-6-5

Field Events (top eight advance to finals)

5:00pm - 20 Lb Weight Throw

5:45pm – Shot Put

5:45pm – Long Jump, triple jump to follow

6:00pm – Pole Vault

6:30pm – High Jump

Running Events:

6:00pm - 5K (non-scored)

6:30pm - Mile

6:40pm - 60m Hurdle-Timed Final (the top 2 runners from each team in fast section)

6:50pm - 400m

7:00pm - 500m

7:10pm - 60m-Timed Final (the top 2 runners from each team in fast section)

7:20pm - 800m

7:30pm - 1,000m

7:40pm - 200m

7:50pm – 3,000m

8:05pm - 4x400m